What is ENTRESTO®?

ENTRESTO is a prescription medicine used to reduce the risk of death and hospitalization in people with certain types of long-lasting (chronic) heart failure. ENTRESTO is usually used with other heart failure therapies, in place of an angiotensin-converting enzyme (ACE) inhibitor or other angiotensin II receptor blocker (ARB) therapy.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ENTRESTO?

ENTRESTO can harm or cause death to your unborn baby. Talk to your doctor about other ways to treat heart failure if you plan to become pregnant. If you get pregnant while taking ENTRESTO, tell your doctor right away.

Please click here for the full Prescribing Information, including Boxed WARNING.
If you have Heart Failure, entrust your heart to ENTRESTO®.

ENTRESTO is a Heart Failure medicine that helps your heart so you can keep on doing what you love. It's for people with the type of chronic HF where the heart is enlarged and too weak to pump the way it should.

**HF is not a one-time event**

HF is a serious, chronic condition. This means it won't go away and may get worse as time goes on, increasing your risk of hospitalization and death.

**IMPORTANT SAFETY INFORMATION**

**Who should not take ENTRESTO?**

Do not take ENTRESTO if you
- are allergic to sacubitril or valsartan or any of the ingredients in ENTRESTO
- have had an allergic reaction including swelling of your face, lips, tongue, throat (angioedema) or trouble breathing while taking a type of medicine called an ACE inhibitor or ARB

Please click here for the full Prescribing Information, including Boxed WARNING.
Proven superior in the largest HF study ever

In a study of over 8,000 people with HF, ENTRESTO® helped more people stay alive and out of the hospital compared to a leading HF medicine called enalapril.

IMPORTANT SAFETY INFORMATION

Do not take ENTRESTO if you (cont)

• take an ACE inhibitor medicine. Do not take ENTRESTO for at least 36 hours before or after you take an ACE inhibitor medicine. Talk with your doctor or pharmacist before taking ENTRESTO if you are not sure if you take an ACE inhibitor medicine
• have diabetes and take a medicine that contains aliskiren

Please click here for the full Prescribing Information, including Boxed WARNING.

Learn more at ENTRESTO.com
How ENTRESTO® works

ENTRESTO is the first and only FDA-approved medicine of its kind, and contains two active ingredients that work in different ways:

The first ingredient, **valsartan**, has been used for years to treat HF. Valsartan reduces blood vessel tightening and the buildup of sodium and fluid.

The second ingredient, **sacubitril**, works unlike any other HF treatment and can only be found in ENTRESTO. It helps relax blood vessels and decrease sodium and fluid in the body.

ENTRESTO helps improve your heart’s ability to pump blood to the body.

**IMPORTANT SAFETY INFORMATION**

**What should I tell my doctor before taking ENTRESTO?**

Before you take ENTRESTO, tell your doctor about all of your medical conditions, including if you have kidney or liver problems or a history of hereditary angioedema; are pregnant or plan to become pregnant; are breastfeeding or plan to breastfeed. You should either take ENTRESTO or breastfeed. You should not do both.

Please [click here](#) for the full Prescribing Information, including Boxed WARNING.
How to take ENTRESTO®

ENTRESTO is a tablet that comes in the following doses:

- 24/26 mg
- 49/51 mg
- 97/103 mg

You should take your dose of ENTRESTO exactly as prescribed by the doctor. ENTRESTO is usually given with other HF medicines in place of an ACE inhibitor or other ARB.

If you have been prescribed ENTRESTO and are currently taking an ACE inhibitor*:

STOP
Wait for 36 hours
GO

Stop taking your ACE inhibitor *

Important Safety Information

ENTRESTO is a twice-daily medicine

Taking it at the same times each day—for example, when you first wake up and again before you go to bed—may make you less likely to miss a dose. ENTRESTO can also be taken with or without food.

Take ENTRESTO every day as prescribed—if you stop taking ENTRESTO, the medicine will stop working for you.

What should I tell my doctor before taking ENTRESTO (cont)?

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your doctor if you take potassium supplements or a salt substitute; nonsteroidal anti-inflammatory drugs (NSAIDs); lithium; or other medicines for high blood pressure or heart problems such as an ACE inhibitor, ARB, or aliskiren.

Please click here for the full Prescribing Information, including Boxed WARNING.
Know the symptoms of HF

Symptoms of HF can make it hard to do everyday tasks, so understanding what the symptoms are is important. When symptoms get worse, they can lead to HF hospitalization.

Symptoms of HF to watch out for:

- Shortness of breath
- Swelling
- Feeling tired, fatigued
- Coughing
- Confusion or memory loss
- Rapid weight gain

Tracking symptoms is one way to help better manage HF

Write your symptoms down each day and share them with your doctor. It will help inform your doctor to make treatment decisions.

Start by using the Symptom Tracker on page 8.

Call your doctor right away if you notice any new symptoms or that any old symptoms have come back or gotten worse.

IMPORTANT SAFETY INFORMATION

What are the possible side effects of ENTRESTO®?

ENTRESTO may cause serious side effects including:

- angioedema that may cause trouble breathing and death. Get emergency medical help right away if you have symptoms of angioedema or trouble breathing. Do not take ENTRESTO again if you have had angioedema while taking ENTRESTO. People who are Black or who have had angioedema and take ENTRESTO may have a higher risk of having angioedema

Please click here for the full Prescribing Information, including Boxed WARNING.
Tips to help you manage HF

In addition to tracking your symptoms, there are a number of other things you can do to help your heart health.

Eat a heart-healthy diet
Try to stay away from foods that are high in salt, as too much can make swelling worse.

Get moving
Even a little bit of activity can help. Just be sure to talk to the doctor first about which activities are good for you.

Weigh yourself regularly
Check your weight every morning and write it down in your Symptom Tracker. If you notice you’ve gained 3 or more pounds in 1 day, call the doctor right away.

Track your treatments
It’s important to know why each medicine has been prescribed, what it does, and when to take it. This includes over-the-counter products, vitamins, and dietary supplements.

Start by using the Medicine Tracker on the following pages.

IMPORTANT SAFETY INFORMATION
ENTRESTO® may cause serious side effects including (cont):

• low blood pressure (hypotension). Call your doctor if you become dizzy or lightheaded, or you develop extreme fatigue
• kidney problems
• increased amount of potassium in your blood

The most common side effects were low blood pressure, high potassium, cough, dizziness, and kidney problems.

Please click here for the full Prescribing Information, including Boxed WARNING.
SYMPTOM TRACKER

Date: __ / __

Record your symptoms every day. Print out as many pages as you need.

WEIGHT

__________ lbs.

FEELING TIRED

None Better Same Worse New

SWELLING

None Better Same Worse New

COUGHING

None Better Same Worse New

SHORTNESS OF BREATH

None Better Same Worse New

Date: __ / __

WEIGHT

__________ lbs.

FEELING TIRED

None Better Same Worse New

SWELLING

None Better Same Worse New

COUGHING

None Better Same Worse New

SHORTNESS OF BREATH

None Better Same Worse New

Please click here for the full Prescribing Information, including Boxed WARNING.
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Please [click here](#) for the full Prescribing Information, including Boxed WARNING.
What is the most important information I should know about ENTRESTO?

ENTRESTO can harm or cause death to your unborn baby. Talk to your doctor about other ways to treat heart failure if you plan to become pregnant. If you get pregnant while taking ENTRESTO, tell your doctor right away.

What is ENTRESTO?

ENTRESTO is a prescription medicine used to reduce the risk of death and hospitalization in people with certain types of long-lasting (chronic) heart failure. ENTRESTO is usually used with other heart failure therapies, in place of an angiotensin-converting enzyme (ACE) inhibitor or other angiotensin II receptor blocker (ARB) therapy.

Heart failure occurs when the heart is weak and cannot pump enough blood to your lungs and the rest of your body. It is not known if ENTRESTO is safe and effective in children.

Who should not take ENTRESTO?

Do not take ENTRESTO if you:

• are allergic to sacubitril or valsartan or any of the ingredients in ENTRESTO. See the end of the Patient Information leaflet for a complete list of ingredients in ENTRESTO.
• have had an allergic reaction including swelling of your face, lips, tongue, throat or trouble breathing while taking a type of medicine called an ACE inhibitor or ARB
• take an ACE inhibitor medicine. Do not take ENTRESTO for at least 36 hours before or after you take an ACE inhibitor medicine. Talk with your doctor or pharmacist before taking ENTRESTO if you are not sure if you take an ACE inhibitor medicine
• have diabetes and take a medicine that contains aliskiren

What should I tell my doctor before taking ENTRESTO?

Before you take ENTRESTO, tell your doctor about all of your medical conditions, including if you: have kidney or liver problems or a history of hereditary angioedema; are pregnant or plan to become pregnant (See “What is the most important information I should know about ENTRESTO?”); are breastfeeding or plan to breastfeed. It is not known if ENTRESTO passes into your breast milk. You and your doctor should decide if you will take ENTRESTO or breastfeed. You should not do both.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Using ENTRESTO with certain other medicines may affect each other. Using ENTRESTO with other medicines can cause serious side effects. Especially tell your doctor if you take potassium supplements or a salt substitute; nonsteroidal anti-inflammatory drugs (NSAIDs); lithium; or other medicines for high blood pressure or heart problems such as an ACE inhibitor, ARB, or aliskiren. Keep a list of your medicines to show your doctor and pharmacist when you get a new medicine.

Please click here for the full Prescribing Information, including Boxed WARNING.
What are the possible side effects of ENTRESTO®?

ENTRESTO may cause serious side effects including:

- See “What is the most important information I should know about ENTRESTO?”
- Serious allergic reactions causing swelling of your face, lips, tongue, and throat (angioedema) that may cause trouble breathing and death. Get emergency medical help right away if you have symptoms of angioedema or trouble breathing. Do not take ENTRESTO again if you have had angioedema while taking ENTRESTO. People who are Black and take ENTRESTO may have a higher risk of having angioedema than people who are not Black and take ENTRESTO. People who have had angioedema before taking ENTRESTO may have a higher risk of having angioedema than people who have not had angioedema before taking ENTRESTO. See “Who should not take ENTRESTO?”
- Low blood pressure (hypotension). Low blood pressure may be more common if you also take water pills. Call your doctor if you become dizzy or lightheaded, or you develop extreme fatigue.
- Kidney problems. Your doctor will check your kidney function during your treatment with ENTRESTO. If you have changes in your kidney function tests, you may need a lower dose of ENTRESTO or may need to stop taking ENTRESTO for a period of time.
- Increased amount of potassium in your blood. Your doctor will check your potassium blood level during your treatment with ENTRESTO.

These are not all the possible side effects of ENTRESTO. Call your doctor for medical advice about side effects.

The most common side effects were low blood pressure, high potassium, cough, dizziness, and kidney problems.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

This information is not comprehensive. To learn more, talk to your health care provider or pharmacist, visit www.entresto.com to obtain the FDA-approved product labeling, or call 1-888-ENTRESTO.

Please click here for the full Prescribing Information, including Boxed WARNING.
What is the most important information I should know about ENTRESTO?

ENTRESTO can harm or cause death to your unborn baby. Talk to your doctor about other ways to treat heart failure if you plan to become pregnant. If you get pregnant while taking ENTRESTO, tell your doctor right away.

Please click here for the full Prescribing Information, including Boxed WARNING.

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Important Safety Information

Please click here for the full Prescribing Information, including Boxed WARNING.